Starting a Hauora Plan

1. Logging in to Te Ara Pae Ora

With a patient selected, click on the 'Hauora Plan' icon on the toolbar.

Figure 1: From ALEX Apps in Medtech Evolution

Figure 2: From the indici consultation toolbar in indici

See appendix 1 for more options for logging in.

2. Starting a Hauora Plan

Clicking on the icon from your PMS will start the **Hauora Plan** automatically.

Within the Hauora Plan is the Wellbeing Wheel. The eight elements on the Wheel guide whānau on a pathway through Mauri ora, Whānau ora and Wai ora to Pae Ora (Healthy Futures)

Click ***'Next'*** at the bottom of the screen to get started.

For support or more information, visit www.tearapaeora.nz or contact help@tearapaeora.org.nz