Finding Support

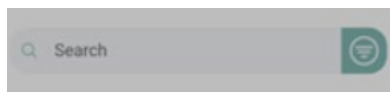Find useful support services and resources

Find Support

In your **pae ora** plan, you can find information about different areas of support.

1. Choose a support category where you'd like some information or support

2. Click **Who can help me** to check out the list of services available.

Filter the options

Search or filter the support options by clicking the filter icon

You can search for a town or region (example: Wellington, Kāpiti) or filter by 'closest to me'.

Connect with Te Ara Pathways

If you like the look of an organisation and want to save the information for later.

1. Select the organisation and click **done**

2. The organisation will now be saved in your **Te Ara Pathway,** for your information.

For support or more information, visit www.tearapaeora.nz or contact
help@tearapaeora.org.nz